

**Staying Safe for our Communities**



# COVID-19

*Something new is learned everyday about COVID-19, how it spreads, and the severity of the illness. As healthcare workers, we must take steps to protect ourselves and others from exposure to the virus. To emphasize this, Mon Health has developed employee education regarding safety practices and expectations for employees.*



# *Mission*

Mon Health exists to enhance the health of the communities we serve, one person at a time.

*Keeping our community members safe and healthy is our business. It is who we are. The COVID-19 health pandemic has made this even more important and your commitment to following safety practices and employee guidelines will ensure that we fulfill our mission now and in the future.*



# Mon Health's Pledge to You

## *We will:*

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- ✓ Enact safety procedures based on recommended best practices to minimize risk of exposure including employee screenings, social distancing, mask wearing, etc.
- ✓ Provide appropriate personal protective equipment (PPE) for your job
- ✓ Provide sanitization supplies, training and time to practice safe hygiene as recommended by the CDC
- ✓ Support contact tracing efforts while respecting your privacy
- ✓ Require that you and/or your colleagues experiencing symptoms stay home to get well and to prevent additional exposures
- ✓ Communicate updates, recommended safety practices and employee expectations in a timely manner
- ✓ Provide resources and discuss meaningful options to minimize impact to your job responsibilities and routine

# Resources

*We are committed to ensuring your questions and concerns are answered. Employees are encouraged to utilize the Employee Assistance Program (EAP) for their facility and/or contact Human Resources for guidance and support.*

<i>Mon Health Medical Center HR</i>	<i>(304) 598-1485 or <a href="mailto:HRInformationSystems@monhealthsys.org">HRInformationSystems@monhealthsys.org</a></i>
<i>Mon Health Preston Memorial HR</i>	<i>(304) 329-4705</i>
<i>Lytle Employee Assistance Program</i>	<i>(800) 327-7272 or <a href="http://www.lytleap.com">www.lytleap.com</a></i>
<i>Mon Health Stonewall Jackson Memorial HR</i>	<i>(304) 269-8060</i>
<i>Cigna Life Assistance Program</i>	<i>(800) 538-3543 or <a href="http://www.signalap.com">www.signalap.com</a></i>
<i>Grafton City Hospital HR (Affiliate)</i>	<i>(304) 265-7161</i>



# Your Commitment to Our Communities

## *You pledge to:*

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- ✓ Follow hygiene guidelines including thorough handwashing
- ✓ Wear face coverings and job-related personal protective equipment (PPE) while at work
- ✓ Participate in employee screening upon arrival at the facility
- ✓ Stay engaged and informed about safety guidelines and employee expectations and ask questions as needed
- ✓ Clean high-touch work areas frequently
- ✓ Report voluntary travel outside of the state using the travel form
- ✓ Report any COVID-19 symptoms and/or subsequent testing to Department Leader
- ✓ Not report to work if experiencing symptoms or feeling ill

# ICare in Action

*No matter where we are, we represent Mon Health. We are ambassadors of our values. Be it in person or virtually in social media, we have the opportunity to role model behaviors and set the example for others in our communities. This includes practicing safe COVID-19 behaviors outside of work on our personal time and communicating responsibly in social media.*

## **Social Distancing**

- Avoid close contact with individuals outside of immediate family and circle of friends when possible
- Avoid or leave places where social distancing is not possible (Ex. crowded store or restaurant)
- Respect other business's guidelines (Ex. follow the traffic patterns marked by arrows in the aisles at grocery stores)

## **Mask Wearing**

- Wear face coverings as required by WV Governor's Executive Order (July 6, 2020) when in indoor spaces where social distancing cannot be maintained (Ex. grocery stores, retail stores like Wal-Mart or Target)
- Recognize when it is ok to remove your mask (Ex. take mask off when in private office and socially distanced appropriately)
- Be mindful of others and respect their health and safety by masking





# Why Mask?



## Message from David Goldberg

Wearing a mask to me is not a political statement but about humility, respect for others, and self-respect.

Humility because it's not about me and my "rights," but about respect for others and their right not to be infected by me if I were to have COVID-19, or so that they don't have to worry that I might infect them.

Self-respect because I care enough about myself not to risk becoming infected.

More than anything else today, wearing a mask speaks about our values. We need to be the role models for our communities, ensuring that we maintain our health so we can treat those in need of medical care. Our communities should trust us to be most careful for the most vulnerable among us.

Thank you for being first responders, patient-centered caregivers, and community leaders.

Mask because it matters!

Mask because it makes the difference!

Mask because if you DON'T, it could sicken you and/or others!





**Thank you for your commitment to the health and safety of our communities. The work you do makes a difference each and everyday.**

**We are proud of our Mon Health Team!**

